



Annual Report 2010

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About us

The Family Rehabilitation Centre (FRC) is a humanitarian, non-profit, non-governmental organization which was founded in August 1992. It is an independent organization with its own Memorandum and Articles of Association and has been incorporated under section 21 of the Companies Act No.17 of 1982.

FRC's MISSION

To treat and rehabilitate those subjected to torture and severe trauma due to the armed conflict in Sri Lanka, and to carry out awareness programmes to prevent torture. We go one vital step further, when necessary, offering Supportive services to their families in our aim to provide holistic care.

FRC's AIM

To provide holistic care to those affected by armed conflict in all areas of Sri Lanka, irrespective of ethnicity, religion and political ideology.

What We Do:

Assist persons affected by armed conflict who are suffering from physical and/or psychological distress, with medical attention, physiotherapy, counselling, and other relevant services.

Conduct training programmes for relevant persons in management of torture survivors, basic counselling, befriending and empowerment Network with relevant governmental and non-governmental organizations (in both urban and rural areas), in order to obtain access to all available services for rehabilitation

Our Target Groups:
Torture Survivors
Torture Survivors' Family Members
Trauma Victims
Bomb Blast Victims
War Widows
Children of War
Displaced people
Other Victims of Extreme Trauma

Where we work

Locations	Address	Telephone	Fax	E-mail	Web
FRC Colombo	No. 73, Gregory's Road, Colombo 07	0112698441 0113091433	0 112695885	frctl@sl.lk	www.frctl.org
FRC Anuradhapura	No. 623/20A, 2 nd Stage, Bulamkulama Disa Mawatha, Anuradhapura	0252226810	0252226810	frcanu@sltnet.lk	
FRC Batticaloa	No. 127/8, Warnakulasingam Road, kalladi, Batticaloa	0652226496	0652226496	frcbatti@gmail.com	
FRC Jaffna	No. 18, Temple Road, Jaffna.	0212226347	0212226649	frcjaffna@yahoo.com	
FRC Kalmunai	No. 23, Amman Kovil Road, Kalmunai	0672229609	0672229609	frcampara@sltnet.lk	
FRC Point Pedro	Ratnavel Vasa, Puloly South, Point Pedro	0213002530	02122263245	frcjaffna2@yahoo.com	
FRC Mannar	No. 57, Main Street, Mannar	0232223176	0232223176	mnfrc@yahoo.com	
FRC Trincomalee	No. 26, 4 th Lane, Orr's Hill, Trincomalee	0262225372	0262225365	frctrinco@sltnet.lk	
FRC Vavuniya	No. 39, 4 th Lane, Kurumankadu, Vavuniya.	0242226245	0242226245	FRCvavuniyan@yahoo.com	

MESSAGE FROM THE CHAIRMAN

Dr. C. S. Nachinarkinian
CHAIRMAN

Message from Executive Director

Mr. M. A. Lahiru Perera
Chief Executive Director

BOARD OF DIRECTORS

Chairman:

Dr. C. S. Nachinarkinian
Health Co-ordinator
International Relief & Development

Dr. T. Gadambanathan,
Psychiatrist,
Teaching Hospital, Batticaloa

Dr. Deepika Udagama
Head, Faculty of Law, University of Colombo;
Alternate Member from Sri Lanka to the
UN Sub-commission for the Protection and
Promotion of Human Rights

Ms. Shikanthini Varma Attanayake
Centre Manager for Samuthana
Kings College London
Resource Centre for Trauma Displacement and Mental Health

Mr. Gunaratne Wanninayake
President
Colombo Magistrates Court
Lawyers Association

Ms. Manori Muttetuwegama
Lawyer

Dr. Upul Ajith kumara Tennakoon
Consultant – JMO
Institute of Legal Medicine and Toxicology

Ms. Dilkie Fernando
Consultant

Ms. Sithie Subahaniya Tiruchelvam
Senior Partner/ Attorney-at-Law
Tiruchelvam Associates

STAFFS IN HEAD OFFICE

Mr. M. A. Lahiru Perera	- Chief Executive Director
Mr. Dennis Mariasingham	- Accountant
Ms. Venuri Perera	- Clinical Psychologist
Mr. Imran Hasan	- Monitoring & Evaluation Officer
Ms. T. Vinitha	- Book Keeper
Ms. Hema Pallage	- Book Keeper
Mrs. Charmaine Kelaart	- Secretary
Mr. S. Michael	- Multi Duty Clerk
Mr. M. P. B. Sarathchandra	- Driver
Mr. K.A. Dharmadasa	- Care Taker
Ms. Meena Logini	- Labourer

STAFF IN THE DISTRICTS

Anuradhapura	- Ms. J. M. H. M. Jayasekara - Ms. W. A. P. Thilakawardana - Mr. K. A. Chandana Anuradh	- Psychosocial Worker - Field Officer - Field officer
Batticaloa	- Ms. A. Jayaseeli - Ms. K. Queen Mary - Mr. M. Suresh	- Psychosocial Worker - Field Officer - Field Officer
Jaffna	- Mr. V. Vinayagamoorthy - Ms. Pushpalatha Ravikumar - Ms. A. Sheriel Famila - Ms. K. Thambirajah	- Regional Coordinator - Psychosocial Worker - Field Officer - Field Officer
Kalmunai	- Mr. M. Sangeethan - Ms. D. M. Indrani D. Menike - Mr. W. Chandrajith - Ms. Kamalarani Saravanan	- Psychosocial Worker - Psychosocial Worker - Field Officer - Field Officer
Mannar	- Ms. S. Sebanayaki - Ms. Surenthini Jesubalan - Mr. R. M. R. Sara Vimal Raj	- Psychosocial Worker - Field Officer - Field Officer
Point Pedro	- Ms. Yasotha Ratnalingam - Ms. Anushiya Kathirgamathan - Mr. S. Jekathas	- Psychosocial Worker - Field Officer - Field Officer
Trincomalee	- Mr. S. Sathieshkumar - Ms. Jeyanthini ponnusamy - Mr. U. A. Sumanasena - Mr. Manokaran Mathykarana - Mr. A. J. M. Nawas	- Regional Coordinator - Psychosocial Worker - Psychosocial Worker - Field Officer - Field Officer
Vavuniya	- Ms. Sabitha Balasingam - Mr. N. Raveenthiran - Ms. P. Mangaleswary	- Psychosocial Worker - Field Officer - Field Officer

REDUCING INCIDENCES AND EFFECTS OF TRAUMA - RESIST

Overview

FRC has continued phase II of its main psychosocial rehabilitation programme 'Reducing Incidences and Effects of Trauma' (RESIST) in the year 2010, with the constant financial support from the United States Agency for International Aid (USAID) and European Union (EU) that was channelled through The Asia Foundation (TAF), Sri Lanka. The total grant provided for the RESIST project in the year 2009 was 00000000 Sri Lankan rupees. The overall primary objective of the RESIST project is to enable torture affected persons and communities to resume their roles within the family and community, and specifically the RESIST phase II focuses on *"Improve access to clinics and services"*

FRC achieve this through the following specific secondary objectives, which are:-

- Identification of victims of torture and their families
- Rendering of effective, systematic medical, psychosocial and Physiotherapy care
- Enhancement of community participation in their assistance and social reintegration

The RESIST project is a holistic programme that increases equal community access to essential psychosocial support for torture affected persons and their families. It is a programme comprising of needs assessment, delivery of psychosocial services, quality of assessment and referrals. The RESIST project is implemented in 7 geographically located FRC centres in 8 districts of the north and east regions of the country, that are fatally affected by the ongoing

war which was come to an end last May in 2009.

The RESIST project has further strengthened by medical care, physical therapy, counselling and other psychosocial services to victims of torture and their families during this year. Victims of war and their families members, and other victims of severe trauma and their families members are treated by FRC's experienced Counsellors and Field Officers collectively with Doctors and Physiotherapists in the communities under very challenging and difficult circumstances in centres which are located in Anuradhapura, Batticaloa, Jaffna, Kalmunai, Point Pedro, Mannar, Vavuniya, Trincomalee., and has highlighted FRC as a valuable contributor to the psychosocial wellbeing of vulnerable communities and also being awarded **The Service Excellent Award** by Psychosocial Forum and Mental Health Unit of Vavuniya General Hospital. FRC is the leading organization in Sri Lanka dedicated basically to the care of torture survivors for the past 15 years.

The estimated target population of beneficiaries for the RESIST project was a total of 2000 clients for the year 2009; 250 being from each district centre. But we were able to achieve totally 1942 clients for treatment and rehabilitation within 2009. FRC's services are rendered to communities from 5 different identified villages based on a needs assessment survey in consultation with the Divisional Secretaries and Grama Niladharis in the respective districts. The Adult Counselling Intake Form (CIF) which was introduced in 2007 to obtain important information regarding beneficiaries' adaptation and distress level. As well as it can be used as therapeutic teaching tool for our psychosocial Workers in order to make counselling work easy and also it has been an excellent tool to assess

clients' overall psychosocial wellbeing, with indicators specifically focusing on determining a client's emotional and mental health. The Results of the Adult Counselling Intake Form assists in evaluating the client's progress or deterioration, which subsequently helps the

Counsellor in his/her treatment of the client, given their socio-cultural-economic background.

Gender segregation of treated clients under each district is given below

Identification of New Clients

New clients are identified through the needs assessment survey conducted in the proposed villages in the districts FRC operates in. During the year 2010, a total number of 2210 new clients were indentified for treatment and rehabilitation process, and the following table illustrates the distribution of the new clients' district centre-wise.

Centers	Male	Female
Ampara	113	122
Anuradhadapura	108	178
Batticaloa	174	127
Jaffna	80	204
Mannar	77	208
Point Pedro	101	203
Trincomalee	66	138
Vavuniya	93	218
Total	812	1398

District Centres	Number of New Clients
Ampara	235
Anuradhapura	286
Batticaloa	301
Jaffna	284
Mannar	285
Point Pedro	304
Trincomalee	204
Vavuniya	311
Total	2210

Human Interest Story

A Female of age 53 originally from Mannar lived in Vanni with her Husband, her younger Daughter, son-in-law & two Grandchildren.

While Fleeing from Vanni during the last few days of war in Vanni in April, May 2009, her husband, daughter and her family are all killed by shell attack. She witnessed all of them dying .She was dragged on by other fleeing people and she did not have time to even bury them. After getting released from the Rehabilitation camp, she moved to her village and she was fortunate that her elder daughter and family have also returned safely. She was identified by our Volunteer and she was given psychosocial support and now gradually improving **(In which District? How long has she been coming to the FRC Clinics? Very sad story)**

This case is originally from VADDAKKANDAL, Mannar District displaced to Vanni years back, got caught to the war and after series of displacement, Lost all her relatives and reached Vaddakkandal in July 2010. She was identified by a Volunteer from an Organisation called CODE-AID who referred to FRC on 22/11/2010.

Treatment and Rehabilitation provided for Clients admitted during 2010

During 2010 FRC was able to provide its bona fide services to the clients whom have been identified for services of Medical, Counselling and Physiotherapy according to their prolong needs. Below table clearly illustrates the services provided by district centres.

District Centres	Medical Sessions	Counselling Sessions	Physiotherapy Sessions
Kalmunai	373	171	199
Anuradhapura	394	92	84
Batticaloa	432	251	234
Jaffna	610	226	243
Mannar	413	429	160
Point Pedro	554	196	90
Trincomalee	324	111	135
Vavuniya	439	271	324
TOTAL	3539	1747	1469

Table3. Number of Consultations Provided

Therapeutic Clinics held

Office Clinic

Medical Clinic consists of medical, counseling and physiotherapy at the center with the representation of a Medical Doctor, Counselor and Physiotherapist. The Medical doctor treats the clients who are in need of medication for physical injuries and fractions. The Counselor conducts counseling sessions to the ongoing clients and new clients. Physiotherapist does his sessions as needed.

Mobile Clinic:

A Mobile Clinic, which comprises of the Medical Doctor, Counselor and Physiotherapist, is organized in a village where identified clients find difficult in accessing to proper transport and health care. The similar services were carried out at the time mobile clinics held in the villages. Below table illustrate in detail about therapeutic clinics held during 2009

Centers	Office Clinics	Mobile Clinics
Ampara	12	36
Anuradhapura	22	26
Batticaloa	41	07
Mannar	48	00
Jaffna	48	00
Point Pedro	48	00
Trincomalee	11	36
Vavuniya	48	00
Total	174	117

Table4. Therapeutic Clinics Held

Referral:

The FRC Field Staff maintains very close contacts with local agencies, NGO's, INGO's and other community based organizations in the field. They refer clients while they are receiving services and/or upon termination of their services with FRC to other organization as seen necessary and appropriate for further support, with regards to further medical checkups, livelihoods, vocational training, legal support and educational support, social and spiritual needs and other basic needs. Following table illustrates the detailed information of referral made in 2009.

No. clients	Reason	Organization
434	Medical checkups	General Hospital in the respective FRC operating district
30	Livelihood	Home for human Right, UNHCR, CHA, ZOA, Handicap International
4	Legal	Legal Aid Commission
16	Education support	Suweeja foundation
2	Spiritual support	Church

Table5. Referral Made

Field and Follow up Visits

Field visits and follow-ups are the crucial part of the project as the services are offered to victims of war. During the project period a considerable number of visits have been made to the respective selected project villages. Psychosocial Workers, Field Officers and Community Volunteer Workers had jointly made 176 field visits and 54 follow-up visits to the working villages to identify new clients, to monitor the client's improvement and assess further actions that are to be taken for the improvement of clients.

Centers	Field Visits	Follow up Visits
Ampara	61	274
Anuradhapura	51	275
Batticaloa	70	231
Mannar	60	128
Jaffna	329	411
Point Pedro	96	229
Trincomalee	61	245
Vavuniya	88	141
Total	816	1936

Table6. Field and Follow up Visits Made

Community Awareness Programme:

As a prelude to the implementation of the project in selected villages, Community Awareness Programmes (CAP) were generally organized for the community that FRC operates in order to make the community members aware of our activities and also make them feel how important the services that we are providing. Perhaps more importantly, CAP helps erect strong and solid ties with the communities. It also fosters trust between staffs and community members, which is an essential requirement to provide qualitative services to the community.

Participants for this programme are invited from different discipline of the community ranging from Grama Niladhari (GN), religious leaders, leaders of the grass root/district level community based agencies, recognised community leaders and so on. Below tables shows brief detail of carried out CAP during the year.

Carried out Community Awareness Programme in 2010			
Centre	Village	Key participants	Conducted by
Anuradhapura	Kalyanapura	Grama Niladhari (GN), president of Agriculture society, president and secretary of funeral society & Villagers	Field Officer
	Mahakongaskada	GN, pre-school teacher, president and secretary of funeral society & Villagers	Field Officer
	kiriibbanwewa	GS, president and secretary of funeral society	Field Officer
	kanugahawewa	GS, president of milk society, villages	Psychosocial Worker
	Ikkirikollawa	GS, welfare centre members, mosque leader, villagers, Social Service officer	Field Officer
Batticaloa	Paddipalai DS Devision	DS, SO, admin Officer, social service officer,	Psychosocial Worker and Field Officer

Trincomalee	Mullipotthana-east	GS, WRD member, RDS member, 27 villagers	Regional Coordinator and Psychosocial Worker
	Palampottaru	35 villagers, WRD member, RDS member	Psychosocial Worker and Field Officer
Ampara	Navithanveli DS Office	Divisional Secretary, Additional DS, Samurdi Development Officer, GS & 44 participants	Regional Coordinator

COMMUNITY AWARENESS PROGRAMME:

The government of Sri Lanka has launched the awareness on prevention of dengue spread. FRC also contributed in implementing the awareness programme among the community about Dengue mosquito. Each FRC Office in the East region had a "Shramadana" to clean the office premises. For this activity staffs and CVs' participated. Following the Shramdana activity at Office level then had discussion with Medical Officer Health and Divisional Secretaries with the intention of organizing community based awareness programme. Accordingly a community based awareness programme was held on 21st Sep 2010 at Kuluvinamadu in Vellaveli DS division, Batticaloa district. There were 60 participants including school students, teachers, community leaders, and villagers.

RECOGNITION OF SERVICE:



Counselor from FRC Ampara receives the award

In September, 2010, Counsellor Gnanamalar and Field Officer Premalatha from Ampara, were awarded the prestigious titles Deshamanya and Deshakeerthi respectively. These two staffs have been with FRC since 1993, and their tireless efforts serving the community were recognized and rewarded by the Sri Lankan government. FRC is truly honored to have such hardworking and inspiring staff members and congratulate them wholeheartedly.

Service rendered villages under RESIST Project

District	D.S Division	Name of the Villages
Kalmunai	Thirukovil	Kayathri Village
		Palakuda
	Navithaveli	Central Camp 1, 2, 3, 4
	Dhamana	Mariya kantha Kumanagama
	Karai theevu	Karai theevu
Anurathapura	Velioya	Kiribanwewa Kalyanapura
		Mathavachiya
	Happittikollawa	Hanugahawawa
Batticaloa	Pattipalai	Pandariyaveli
		Arasadi theevu
		Kokkaddicholai
		Mahiladi theevu
	kuluvinamadu	
	Vavunatheevu	Kanthi Nagar Pan chenai

Jaffna	Sandilipay	Mullalnai
	Nallur	Kondavil North East
	Jaffna	Koddady
	Kopay	Irupalai South
		Kopay South
Velanai	Mandaithivu	
Point-Pedro	Point-Pedro	Alvai North & Centre
		Valvettithurai North & East
		Valvettithurai North & West
		Katkovalam
	Karaveddy	Karanavai West
Imayanan West		
Mannar	Nanattan	Madhukarai
	Mannar	Nadokuda
		Thalaimannar [North]
		Olaithodowai
		Bastiyanpuram
Trincomalee	Thamplakamam	Puthukudy Irupu
		Pathinipuram
		9 th Coloney
		Barathipuram
		Potkerny
	Gomarangadawala	Pulikandy Kulam
		Kivulakadawala
		milawawa
	Morawawa	Namalwathta
	Vavuniya	Vavuniya
Sriramapuram		
Poovarasamkulam		
Thalikkulam		
Kalnatinakulam		

Human Interest Story

A is a 40 year old Tamil man who was living peacefully and happily with his wife and three children in November 2007, he went to Colombo for a business matter, and was arrested by the Sri Lankan army on suspicion on the 21st. He was detained in the "Terrorist Investigation Department" in Colombo for 26 days, and was tortured severely by them. The following torture methods were applied on him.

Prolonged blindfolded

Hand cuffed

Stripped naked and suspended

Beaten by heating iron

Hung by ceiling fan

After that he was transferred to Boossa detention camp and was released on 12th September 2008. Since then he had been unable to get back to his normal routine and life due to the fact that he was affected psychologically and physically by the torture. He was referred to FRC Vavuniya by ICRC and he was registered as a client on the on 13th March 2009.

In the primary assessment he was found to be suffering from many symptoms. The psychological problems identified were sleep disturbances, nightmares, anger, fear, loss of self esteem and anxiety. He also showed physical problems such as headache, back pain, chest pain and leg pain. All these things caused difficulty in carrying out his day to day work.

He followed treatment in FRC Vavuniya for 8 months and the problems were cured step by step. The following treatment was given to A. Counseling, relaxation therapy, breathing exercises, Cognitive Behavioral Therapy, medical treatment and physiotherapy.

As his economic condition was very poor, he was referred to CHA and funds were provided to begin self employment.

Now A's condition has improved tremendously and he works as a goldsmith and slowly regaining the earlier happiness he enjoyed with his family.

After treatment he became very active, and started doing physiotherapy exercise at home. The PSW observed that he seemed to be more open and happy after the treatment. He claims to have come out of his strain and able to enter into his normal life with the help of FRC.

STAFF CAP

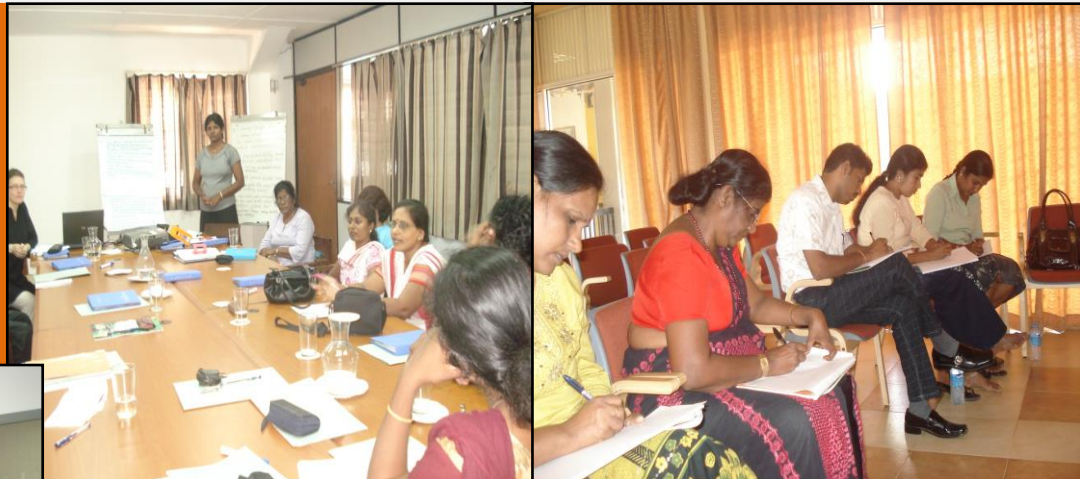
FRC has conducted capacity and skills development training for its field and treatment staff throughout the year with the aim of strengthening existing skills, disseminating knowledge, improving quality of services and maintaining high standards and best practices. For all the workshops FRC utilizes resource people who are qualified and recognized in their respective fields.

Training Programme for Psychosocial Workers/Counsellors

Four in- House training programs for the psychosocial workers/ counsellors were held in March, July, September and December respectively. Recap on counselling skills and methods, Peer Support and discussion of case studies were focused on in the first training program. The Client Intake Form, a therapeutic tool which has been developed specifically for FRC using culturally relevant indicators was put into use and Dr. Jon Hubbard, Director of Centre for Torture Victims; Minneapolis was present at the training in September to train the counsellors to administer the tool effectively. Follow up and further training on administration of the tool, clarification of problems faced and maintenance of uniformity in all the centres were addressed in the last program in December.

Training Programme for Field Officers

In June 2009, the field



officers of the 7 Districts of FRC were given a two day



comprehensive and intensive In- House Skills Development and Staff Capacity Building Workshop in Trincomalee. Basic Counselling Skills, Report Writing, Project Management and Risk Management were the main topics addressed.



Training Programme for Entire Staff

The entire staff of FRC including Head Office in Colombo and the 8 Outreach Centres were brought together **twice in the year 2009**. The first workshop included a two days orientation segment to discuss experiences of RESIST Phase 1, and introduce objectives and activities of RESIST Phase 2 for the extended project period ending 2011. An entertainment segment was also included to encourage staff members to interact more closely with one another and build a stronger rapport by equally participating in fun, enjoyable, recreational activities. Numerous topics were covered that would assist in Project Management, Quality Management, Team-Work, Good Communication, Social Interactions, Healthy Organizational Culture, Employee Benefits etc. The second workshop was held in August and the **Chief Executive Director** supported and supervised it. This workshop's aim was to help the employees' identify their personal and professional potential and development it in a way which will affect the overall expansion of the quality of service, and reach beneficiaries. Leadership, Quality Management, Community Mobilization, Effective finance management in a project, Child Psychology, Preliminary Yoga Session, Concept and application of frame analysis, Time management, administration, auditing and re-engineering of a project were the main topics of this workshop. As part of the care for care givers, an entertainment section was included in the program, which helped the staff from different regions to develop a good working relationship and improve communication and teamwork as well as relax.

Training Programme for Treatment Team

The part time treatment staffs are also provided with special training by FRC. In July, the medical doctors brought together for a two day workshop at Hotel Janaki with the objective of enhancing and strengthening the existing knowledge and skills on Psychological, Psychosocial and Medical aspects of the clients whom they consult at the therapeutic clinics in FRC operating districts.



Human Interest Story

B is a 30 year old man working as a labourer in a village in the Batticaloa District. In 1997, while he was traveling to Batticaloa from his village for work, he was arrested by CID personnel on suspicion. He was kept in detention for 18 days and tortured.

Before this in 1987, his father was shot dead by the Sri Lankan army while traveling to Batticaloa. B said that his father's death had made him both mentally and physically depressed.

B was referred to FRC by the Field Officer who identified him during her field visit. The PSW looked into this case and opened a file for him. He was asked to attend the clinic for medical treatment and counseling. B's treatment is being continued.

B has been married 8 months. His wife is now pregnant. He is maintaining his family by doing odd jobs. B told that he is having a good relationship with his wife without any problem.

He has undergone the following torture methods.

Hit on the heel

Masked by the petrol bag

Slapped over the ears

Hit with a rod

Hit with the gun handle

Threatened

The physical effects of torture were, inability to do heavy work, find hard to peddle the bicycle, pain on the waist, neck and spinal cord, feeling faint, weakness in body and loss of appetite. Psychologically he was feeling anger, worry and depression and having sleep disturbances.

FRC is providing him with counseling, medical treatment and physiotherapy. He is currently practicing breathing exercises, meditation and physical exercises. It has been observed by the PSW that B talks about his feelings, and his feelings of depression have been alleviated. The client said that he was very happy to receive the services by FRC and that it was the first place where he was able to share his problems.

He intends to recover from his problems and live a normal life again.



FRC Staffs Participated External Training Programme in 2010				
Centre	Participant's name	Program title	Organized by	Date
Akkaraipattu	Gnanamalar - PSW	Alcohol	PCA/MHU	11 August 2009
Akkaraipattu	Gnanamalar - PSW	Gender base training	HHR	24 February 2009
Trincomalee	P.Jeyanthini - PSW	Social Equity health and safety workshop	ARD/USAID	15,16,17 June 2009
Batticaloa	M.Suresh - FO	Social Equity health and safety workshop	ARD/USAID	15,16,17 June 2009
Trincomalee	P.Jeyanthini - PSW S.K.Kausalya - FO	HIV workshop	CENT (Community Empowerment Network Trincomalee)	12 August 2009
Anuradhapura	Shan Michael - FO	Diaspora/ Cost marketing	Diaspora	11 December 2009
Anuradhapura	Jayasekara - PSW	Case study workshop	CHA	23 September 2009
Anuradhapura	Shan Michael - FO	Family counselling	CHA	16 November 2009
Vavuniya	I.Arunthavachelvam N.Ravinthiran	Psychosocial activities in Vavuniya District	CHA	3 rd , 4 th and 5 th November 2009.
Jaffna 01	T.Sheril Pamila	Social Mobilization	NGO Council	10 th and 11 th July 2009
Jaffna 01	T.Kamaleswary	Disaster Response, Protection of internally displaced Person, IDPs related universal norms and standards, Fundamental Rights, Rights to education and IDPs	HRC	22 nd and 23 rd October 2009
Jaffna 01 (Point-Pedro)	K.Anusiya	Disaster Response, Protection of internally displaced Person, IDPs related universal norms and standards, Fundamental Rights, Rights to education and IDPs	HRC	22 nd and 23 rd October 2009

Monitoring and Supervisory Visits

The Monitoring and Evaluation Officer and Psychologist went on monitoring and supervisory visits to the centers in the East and North Central Regions, covering Batticaloa and Akkaraipattu in February, for Trincomalee and Auradhapura in March, for Jaffna and Point Pedro in August and for Vavuniya and Mannar in November 2010.

The purpose of this visit was to ascertain the post war scenario, to monitor and evaluate the quality of the work being carried out in respective FRC centers, identify the challenges they are facing and outline further actions to be taken for current project year. Generally two days were spent in each district and detailed discussions were expected to have with the Regional Coordinators, Field Officers, Psychosocial Worker, clients, Action committee members and respective government and non-governmental official in the district.



Monitoring visits made by RCs:

It is expected to have a monthly monitoring visits to regional centres by Regional Coordinators as well. The main purpose of this visit is to facilitate staffs to smooth running of the centre and as well as the services and also to attend to timely emerging challenges and problems in the district centre. Following table shows the visit they have made during the year 2010.



District	Dates
Ampara	11.01.2010, 22.02.2010, 23.02.2010, 10.03.2010, 11.03.2010
Anuradhapura	12.01.2010, 19.02.2010, 12.03.2010
Batticaloa	07.02.2010, 21.02.2010, 24.03.201, 25.03.2010

RC/North visited the district centers in the following dates.

Date	District	Purpose
13.01.2010	Mannar	To collect information to prepare 4 th quarter report – FRC Mannar Had a meeting with Mannar RDHS and discussed about project villages for 2010.
18.01.2010	Jaffna	Monthly monitoring visit
19.01.2010	Point-Pedro	Monthly monitoring visit
20.01.2010	Jaffna	CV Selection, CV Meeting
03.02.2010	Mannar	To meet Mannar DS and received project village approval.
06 th – 10 th feb.2010	Jaffna	To participate DRC Project community volunteer training programme.
24 th – 31 st	Jaffna	Monthly monitoring visit
24 th -31 st	Point-Pedro	Monthly monitoring visit

PROTECTING IDP RIGHTS THROUGH COMMUNITY BASED ACTIONS.

Discussion with Grassroots Level Action committee



Many of the IDPs and returnee IDPs have experienced multiple displacements since the conflict escalated drastically from the **beginning of 2009**. Especially after Sept. 2008 when all the UN and INGOs moved out of Vanni, the IDPs and returnees are made vulnerable as far as family & traditional community support are concerned. As families struggle to feed and shelter their families, the capacity to protect themselves from other human right risks was weakened; especially children, youths & elderly are at high risk.

Human right threat during displacement include,

- Loss of food, Shelter, water Sanitation and Livelihood.
- Family separation.
- Expose to child labour, School drop-out and Child neglect/ abuse.
- Increased Trauma & Depression.
- Violence, alcohol abuse.

The primary aim of this project is to strengthen the capacity of the IDPs to protect their human right.

Specific objectives are

- To strengthen the capacity of community based organizations and IDPs to protect themselves during
- Displacement or soon after return
- To make the IDPs & IDP Returnees aware of their human rights and facilitate their access to effective remedies.
- To provide appropriate Psycho- Social treatment for traumatized individuals.
- To support and facilitate the community based organizations to identify & rehabilitate vulnerable & traumatized individuals.
- To provide a network for monitoring and advocating on human right threats.

The overall objective of the project is to improve the human-rights situation for conflict affected internally displaced peoples in the four regions.

The European Commission has offered through the Danish Refugee Council a programme named “Protecting IDP Rights through Community Based Actions” and the programme amounted to 64541.00 Euros and the duration of the project 18 months from November 2008.

Project Locations [check the space between words]

- Vavunia.
- Mannar.
- Trincomalee.
- Jaffna.

Target Group

Conflict affected IDPs , Returnees and Host Families in the above mentioned locations .

The number of IDPs as per the available statistics in November 2008 is

• Vavunia	-72,413.
• Mannar	-36,928.
• Trincomalee	-3,742.
• Jaffna	- 130,248.

In each of the four locations 5 villages were selected with the cooperation and assistance of the Divisional Secretaries, Grama Sevaka Niladharies & Samurdhi Officers for the first six months . Another five villages were selected for the next six months in each location.

To identify our clients, a need assessment survey was done together with our partner organizations on a participatory approach with groups of different ages, gender & backgrounds.

In addition to identifying clients the following information’s were also collected for easy implementation of referrals.

- Basic needs—Food, water sanitation, Clothing, Shelter, & physical security etc
- Access to services —Transport, Health & Education.
- Documentation needs.

- Human- right violations.
- Specific protection concerns for women & Children.
- Relation to Host community.

The breakdown of beneficiaries as per activities in the year 2010 is as follows.

Activity	Vavunia	Mannar	Trincomalee	Jaffna.	TOTAL
No. of Clients	115	208	160	179	
No. of Clinics	48	48	11	48	155
Medical Sessions	315	378	563	434	
Counselling Sessions	221	464	374	304	
Physiotherapy Sessions	167	36	144	122	
Referrals	113	113	76	110	
Awareness Raising	17		03	5	
GRLA Committee	63		26	42	
Community Volunteers	8	8	8	8	32