

In collaboration with
FAMILY REHABILITATION CENTRE

மக்கள் அரங்க செயற்றாடம்
தஞ்சை வலகலகை
Forum Theatre Programme

ANNUAL REVIEW 2020



சலில் ஁கரகலகை கல்கலகை
கலகலகை புனரவாழவு நிலையம்
FAMILY REHABILITATION CENTRE

FRC's Presence



Key Achievements for the Year 2020

- 1,565 trauma survivors and their immediate family members provided with Psychosocial Support
- Livelihood support provided to 90 former-clients through the NTT programme
- Opening of FRC center in Monaragala in May 2019, and subsequent service provision to 38 clients
- Revision and implementation of Client Intake Form (CIF) with the support of The Asia Foundation
- FRC branching out to provide psychosocial services for survivors of human trafficking through the IOM funded programme
- Receiving an invitation from the Directorate of Mental Health to present at the Mental Health Review of 2019
- Contributing for the recruitment of Family Support Officers for the OMP by the FRC's Clinical Psychologist, and discussions about possibilities of FRC providing Clinical Supervision

The Pillars of FRC



Rehabilitation



Prevention

Capacity
Building

Key Results in 2020 in relation to Rehabilitation

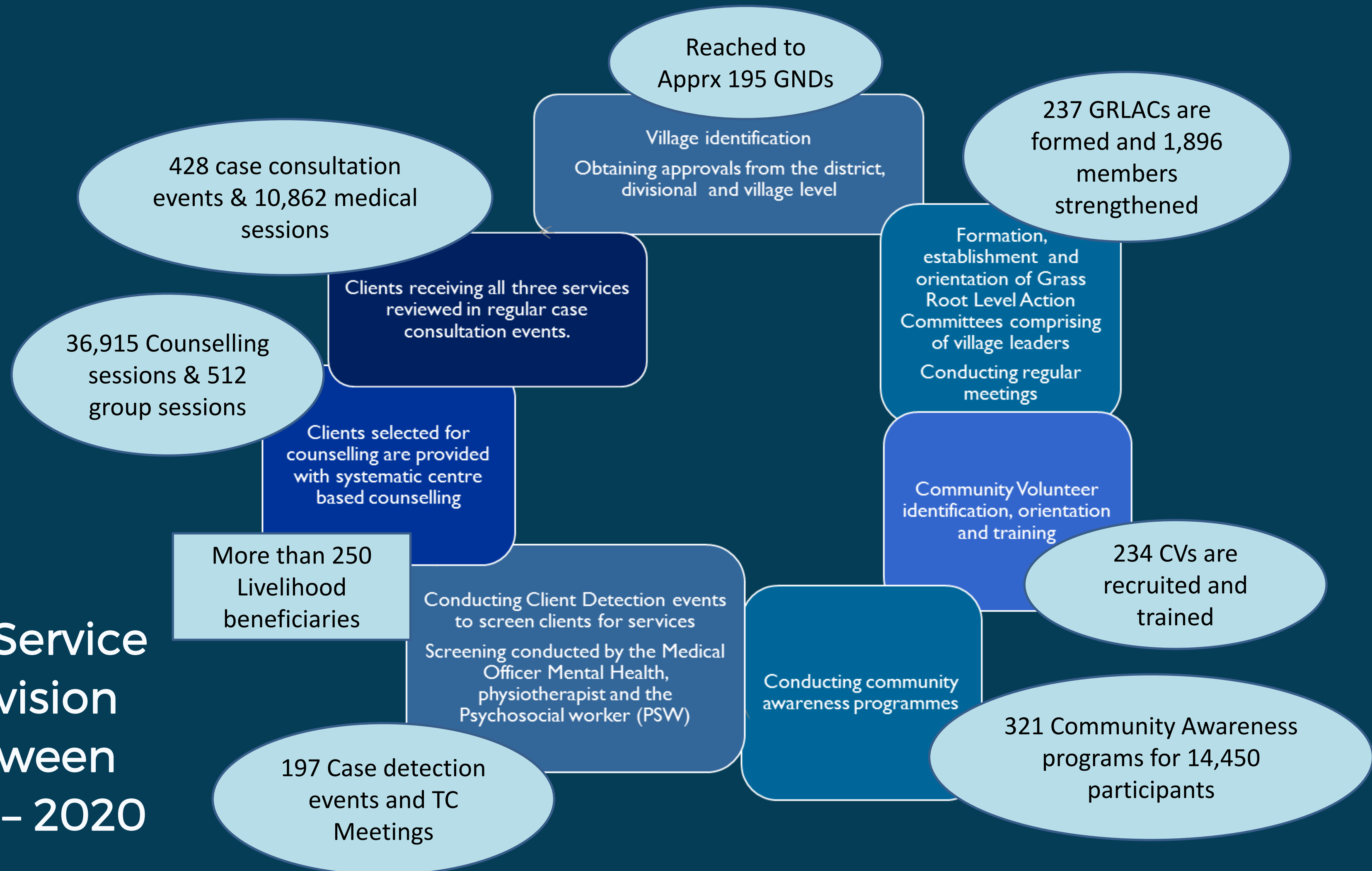
- 1,502 trauma survivors and their immediate family members provided with 11,867 counselling, 1,992 medical and 1,540 physiotherapy sessions
- 401 (26%) referrals to other services were done, with 65% clients' having their requests being met
- Development, translation and printing of Community Volunteer (CV) manual and dissemination to FRC's CVs in the 09 centers
- Identification and capacitation of 117 Champion Mobilisers to conduct social change projects within their villages

Key Achievements from 2015 - 2020

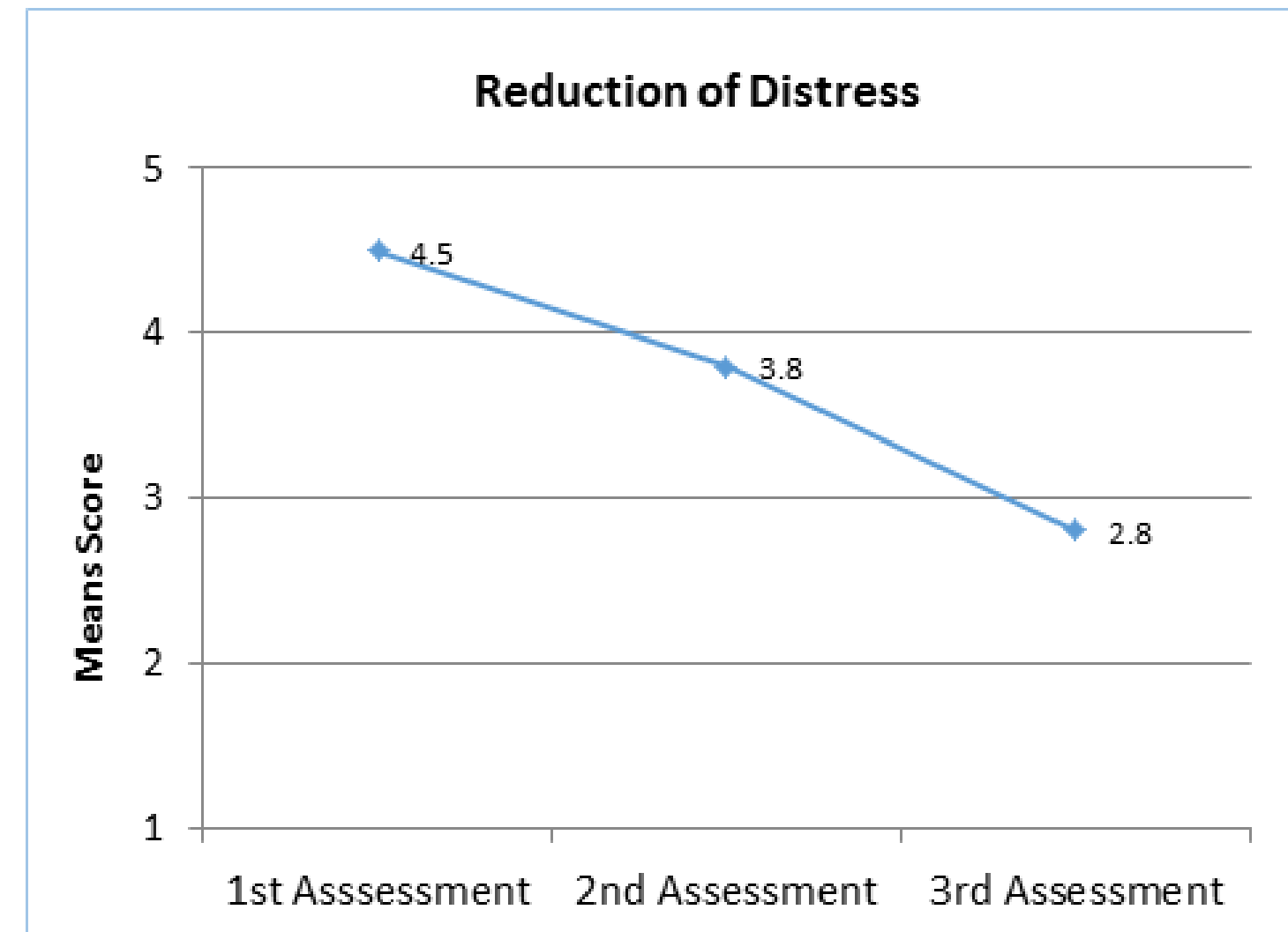
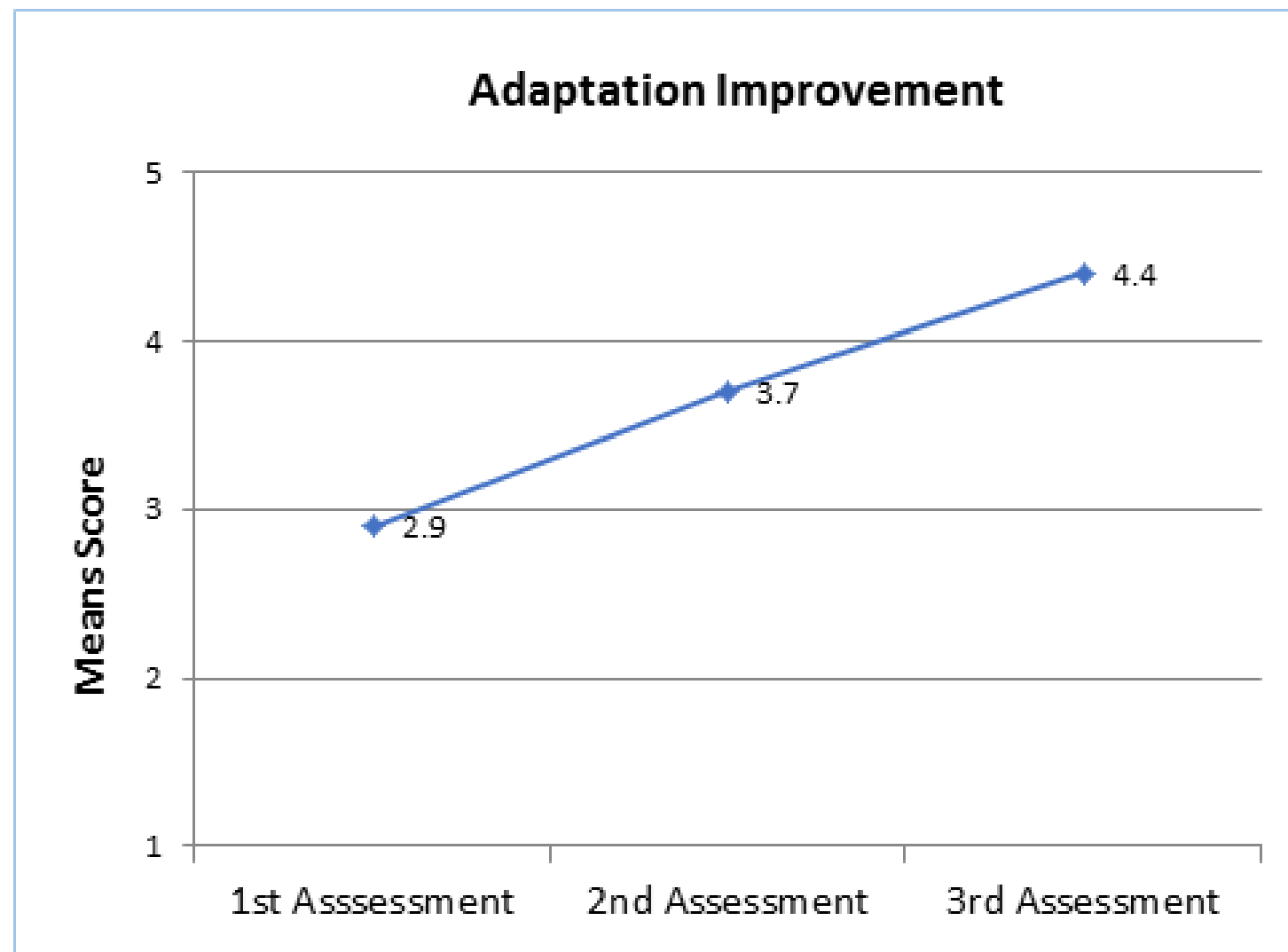
Number of Clients Served from 2015 - 2020

Year	No of Clients Screened	No of Clients Registered	% of clients selected for services from those screened
2015	1,981	1,108	56
2016	1,168	840	72
2017	862	505	59
2018	1,691	902	53
2019	2,007	1,502	75
2020	1,565	1,211	77

FRC Service Provision between 2015 – 2020



Wellbeing Analysis - Summary of Changes in the wellbeing status clients



FRC's Support Initiatives for Staff

- Within the year 2020, FRC has conducted 04 training programmes for staff members in the 09 centers



- The FRC team of Batticaloa joined in with the initiatives led by the RDHS and in Batticaloa to support the survivors and the family members who faced the bomb-blast
- 244 Home visits were conducted to support family members and survivors

FRC's Initiatives following the Easter Sunday Bomb-blast

Capacity Building for Stakeholders (2020)

- The Trauma Training Manual was developed by FRC, and it's material was used to conduct trainings for the following stakeholders:

150 POLICE
PERSONNEL

302 PRIMARY
HEALTH CARE
PROVIDERS

42
LAWYERS

32
COUNSELLING
ASSISTANTS

21 WOMEN
DEVELOPMENT
OFFICERS

81 GOVERNMENT OFFICIALS
CAPACITATED ON HUMAN TRAFFICKING
AND COUNTER MEASURES

Networking and Alliances

- Continued networking and collaboration with Sri Lanka Collective Against Torture (SLCAT) and the Human Rights Commission of Sri Lanka (HRCSL)
- Psychosocial Fora – FRC revitalized the psychosocial fora in the NP in 2018. 04 meetings were facilitated by FRC during the year 2020
- Collaborating with Dr. R Kesavan (Consultant Community Physician), WHO and World Vision to carry out School Mental Health Project
- Conducting trainings for nurses through the Health Promotion Beaurou



Networking and Alliances

- Continued Collaboration and networking with the MHPSS group and Good Practice Group of Sri Lanka
- Hosting of Community of Practice (CoP) Group meetings and being an active participant
- Being an active participant in the UNFPA Gender Fora
- Continued partnership with Psychology interns from the University of Denver, Colorado
- The ENACT tool was validated and translated into local languages and will be disseminated for use in institutions in Sri Lanka

Technical Advisory Committee and national Level consultation Meetings

- 6 national level consultation meetings with MHPSS network




Regional Seminar

- A Regional Seminar was held on the 17th of September 2020 at Hotel Valampuri in Jaffna, and was attended by dignitaries, stakeholders and staff of FRC. The purpose of the review was to reflect upon the work carried out through the EU funded action, and discuss its impact.



FRC Representation

- FRC's Quality and Learning Manager served as a panelist for the Panel Discussion - Global Family Systems & Psychosocial Resilience



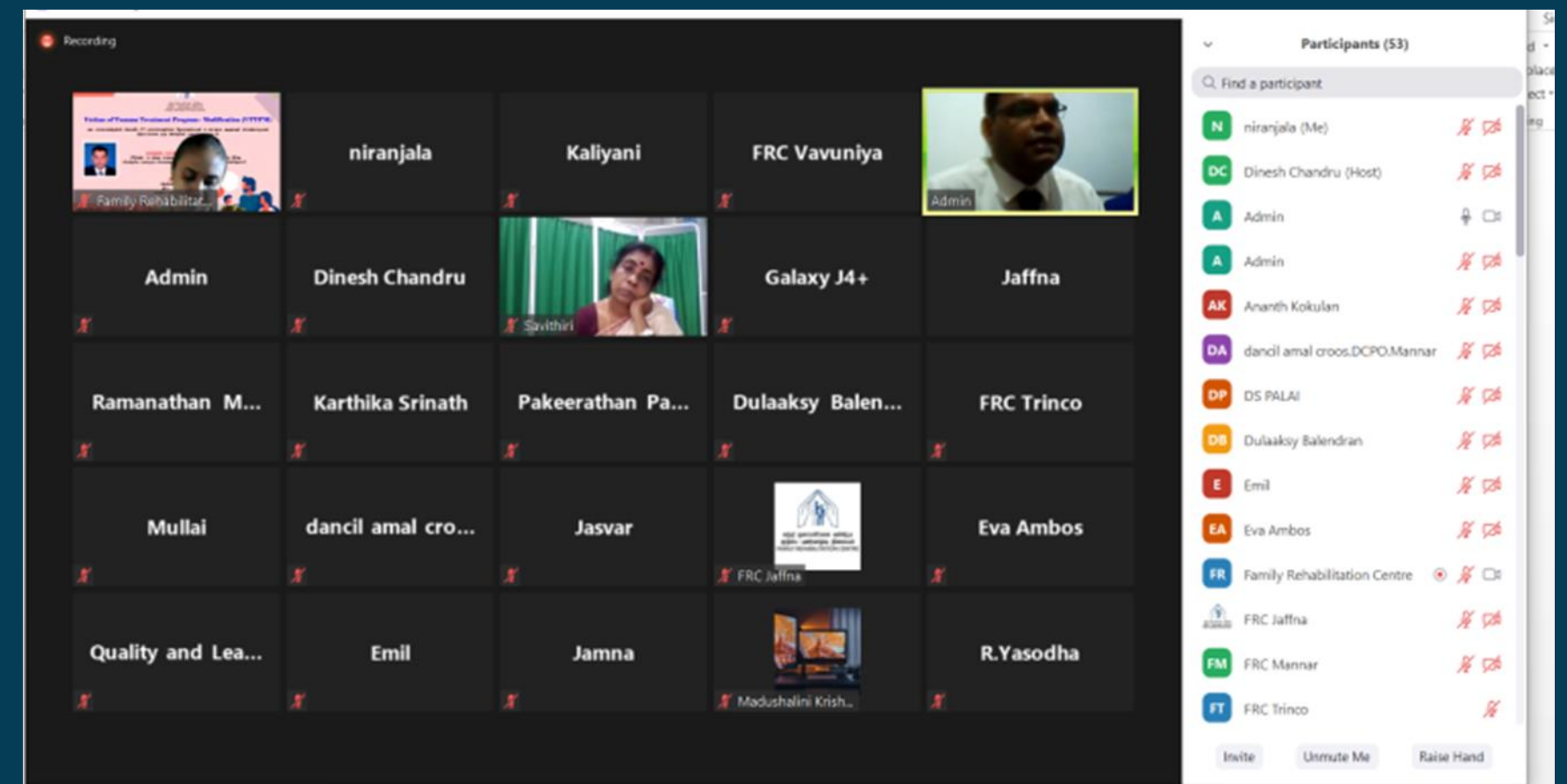
The screenshot shows a Zoom meeting interface with nine participants in a 3x3 grid. The participants are: Milana Poznic (top left), Khawla Abu Baker (top middle), Roxana Llerena-Q (top right), Niranjala Somasundaram (middle left), Gameela Samarasi (middle middle), Tamara Džamonja I (middle right), Dorcas Matowe (bottom left), Laurie Charles (bottom middle), and a placeholder icon (bottom right). The video player at the bottom shows a play button, a 00:01 timer, and the Vimeo logo.

resilience" is a Covid-19 #rapid response Project funded by the Citizen Diplomacy Action Fund #CDAF for U.S. #ExchangeAlumni. This 2020/2021 project is focused on developing a series of virtual, open-access, professional exchanges and guest expert panels on global family systems approaches and psychosocial resilience during Covid-19.

We are pleased to share with you our seventh panel discussion, with guests: Dr Ana Iosipan, in Guatemala, & Niranjala Somasundaram, in Sri Lanka.

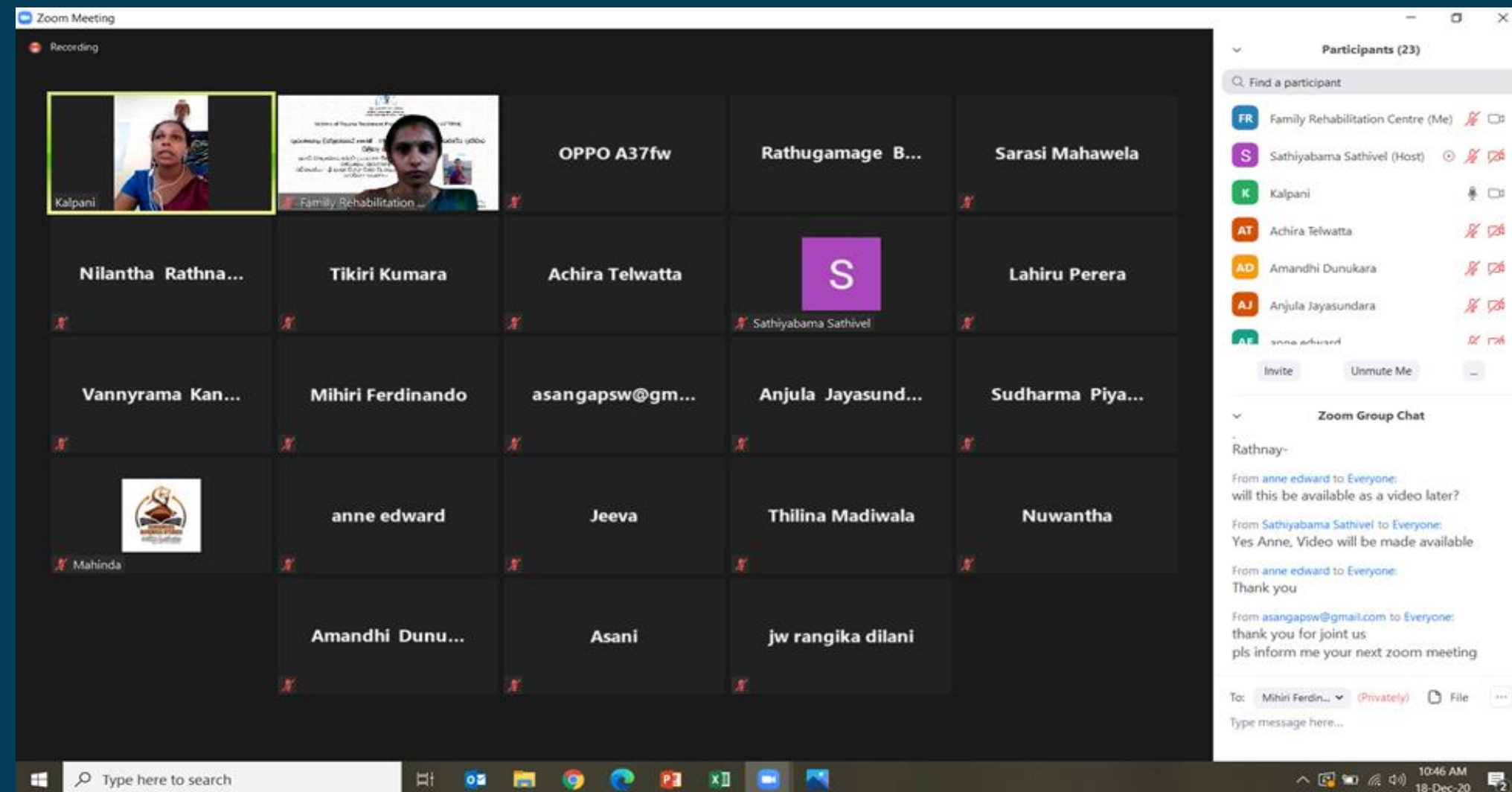
MHPSS. Net Webinars hosted by FRC

- FRC conducted a series of webinars focusing on psychosocial and emergency responses during COVID-19.
- 1. Psychosocial responses during COVID 19 in the Northern Region with Dr. Masilamany Jeyarasa from the Kilinochchi Base Hospital with 53 participants



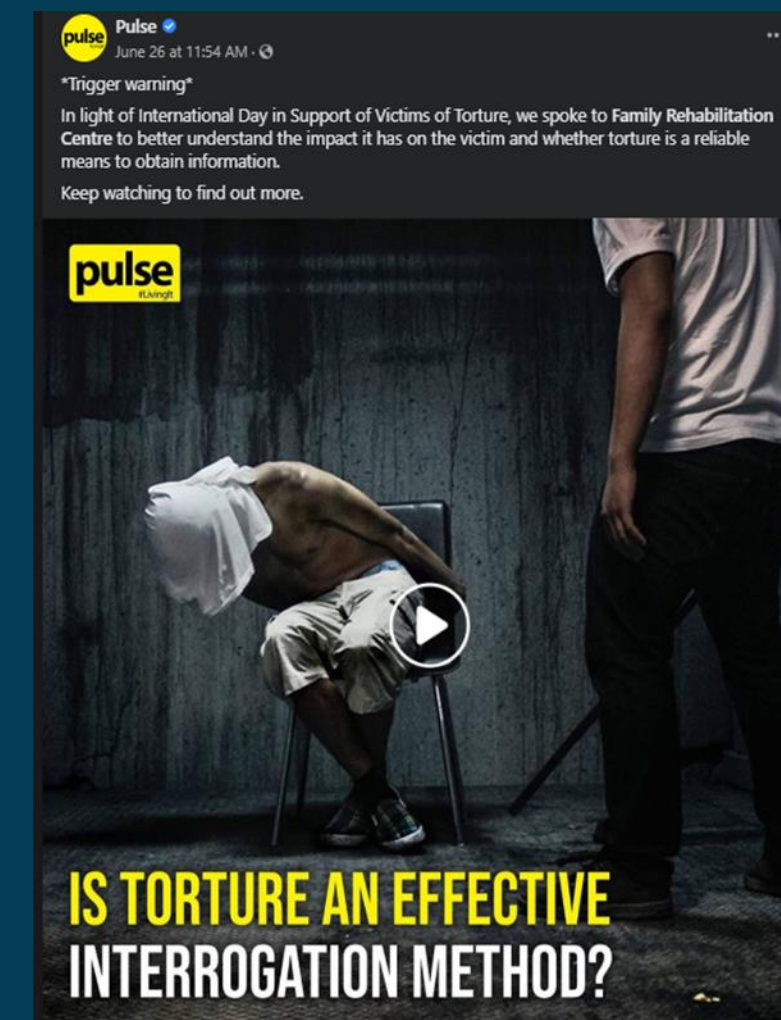
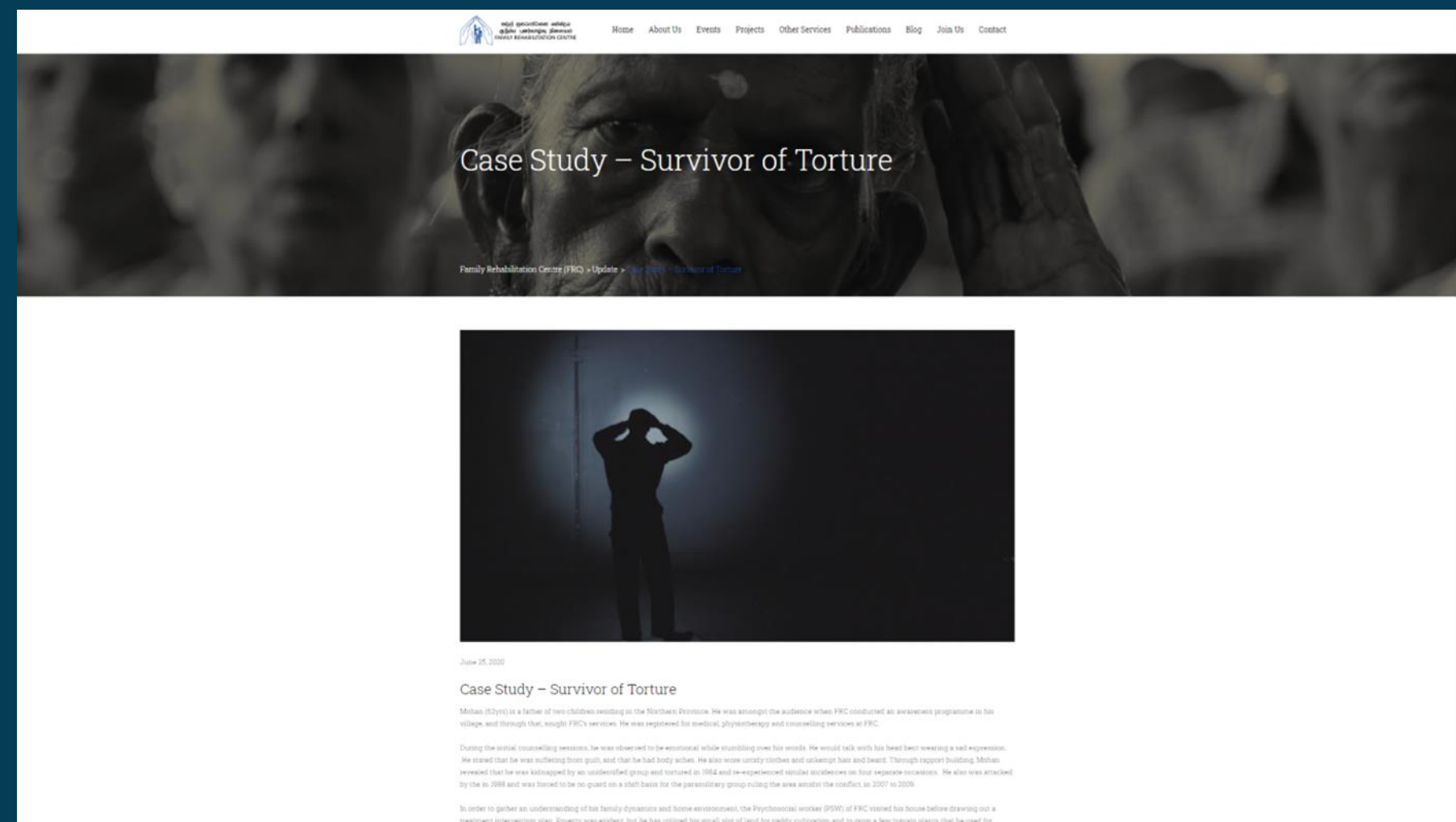
MHPSS. Net Webinars hosted by FRC

- 2. Psychosocial responses during COVID 19 in the Kurunegala District with Ms. Thushari Chandrasekara, District Counsellor, Kurunegala



Events Marking the UN International Day in Support of Victims of Torture, 26th June 2020

- Produced a video to raise awareness about the impact of Torture
- Developed and published a case study of survivor of torture



Projects in Hand - 2020

Project	Donor	Project Period	Working Districts
VTTP II – Modification	TAF	May 2017 – April 2020 (including 6 months extension)	Mannar, Vavuniya, Mullaitivu & Kurunegala
EIDHR Project	EU	September 2017 – September 2020 (including 6 months extension)	Jaffna, Kilinochchi, Mullaitivu, Mannar and Vavuniya
(Shared Values/ Shared Spaces) DRL program	TAF	December 2017 – January 2020	Mannar, Vavuniya, Trincomalee, Ampara, Kaluthara, Kurunagala
“INITIATE” Project	GIZ	October 2018 – January 2020 (including 4 months extension)	Batticaloa and Trincomalee

Projects in Hand as at January 2020

Project	Donor	Project Period	Working Districts
Strengthening Counter Trafficking Efforts (SCOUT) in Sri Lanka	IOM	February 2019 – January 2021	Vavuniya
Livelihood Project	NTT	October 2018 – January 2020	Jaffna, Kilinochch, Mullaitivu, Mannar and Vavuniya
Rehabilitation Services for People Affected By Violence Related Trauma (RESPECT)	SCORE - Global Communities via USAID	February 2019 - January 2020	Trincomalee and Monaragala

Communications Update



470 NEW LIKES ON FACEBOOK



AN INSTAGRAM AND LINKEDIN CHANNEL WAS CREATED.



TWO SOCIAL MEDIA CAMPAIGNS WERE CONDUCTED.

- A campaign on creating awareness on Trauma, Mental health and GBV was done in partnership with SDJF.
- A campaign on prevention of GBV was done during the 16 Days of activism.

Campaign conducted in partnership with SDJF on creating awareness on Trauma, Mental health and GBV.

The campaign consisted of the below components:



SHORT VIDEO



POSTER

NEW WEBSITE



[Home](#) [About Us](#) [Events](#) [Projects](#) [Other Services](#) [Publications](#) [Blog](#) [Join Us](#) [Contact](#)

Awareness Raising
on Mental Well-
being and Other
Related Areas

[Become a volunteer](#)

"Helping Communities Heal" - "தங்கள் சூழலில் உதவி செய்தல்" - "சமூகத்தின் ஆரோக்கியத்திற்கான சேவை"



FRC's Plans for 2021

- To begin fee-levying counseling services in Colombo
- To Develop an organizational Strategic Plan
- To design and implement visibility and communication activities for FRC
- To secure and continue to raise funds to carry out FRC's activities
- To expand services to provide psychosocial services to survivors of trauma
- To complete development on donated land in Jaffna

WE THANK THE FRC MEMBERS,
BOARD OF DIRECTORS, ALL OUR
STAFF, PARTNERS & STAKEHOLDERS
AND DONORS FOR THE CONTINUED
SUPPORT



செல் ஐதர்ஹீஸை னீதீதீதீ
கு஢ு஢்ப பு஢ர்வாழ்வு ஢ிலைய஢்
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